

## **HIDRADENITIS SUPPURATIVA ALGORITHM**

Diagnosis Recurrent deep nodules, abscesses and tunnels Step, 2. In folded area of skin such as axilla and groins 3. At least 2 flares in 6 months Determine severity Hidradenitis Suppurativa Step Mild disease Moderate disease Severe disease Intralesional steroid • Rifampicin 300 mg po Adalimumab\* Topical antimicrobials bid and clindamycin Infliximab\*\* Inflammation control Tetracycline 250 mg 300 mg po bid Ertapenem 1gr Iv daily ന bid og Adalimumab\* for 10 weeks Doxycycline 100 mg Moxifloxacin 400 Acitretin 10-25 mg po po bid mgx 12 weeks+ Spironolactone 100 metronidazole 500 mg x 6 wks + rifampicin mg po od 300 mg x 12 wks Surgical excision Surgical excision Wide surgical excision non inflammatory lesions De-roofing CO2 laser CO2 laser NdYaG laser Radiofrequency Radiofrequency Photodynamic therapy **Control of**  Photodynamic therapy with methylene blue with methylene blue Weight loss, avoid smoking, pain control, mental health support and coping

General

strategies, control and diagnosis of associated co morbidities, wound care



\*Adalimumab 160 mg week 0, 80 mg week 2, 40 mg week 4 and then 40 mg every week \*\* Infliximab 5 mg /kg/IV week 0, week 2, week 6 and then every 8 weeks